

Do you need help to
QUIT SMOKING?

A Stop Smoking Clinic is held every Thursday in Meadowcroft Surgery by our Advisor - Steve Tindall.

Friendly, one to one help, advice and support provided over a few weeks.
Plenty of time is given to each person.

Prescriptions issued for medications and Nicotine replacement products:
Patches, Gum, Lozenges, Inhalators and Sprays.

To see Steve - book an appointment at Reception or phone 01296 425775.
You do not need a referral from a Doctor or Nurse.

Be smoke free. Feel the benefits – improve your health, life and finances (smoking 20 cigarettes a day costs £3,000 a year!)